

MS Youth ChalleNGe Academy

Online Mentor Training

✓ Check the box beside the best answer

1. The mission of the National Guard Youth ChalleNGe Program is to intervene and reclaim the lives of at-risk youth, to produce program graduates with the values, skills, education and self-discipline necessary to succeed as adults. This is called the:

- Directive
- Mission statement
- Question

2. Are program graduates required to join the military upon graduation?

- Yes
- No

3. Reflective listening can be achieved by doing the following:

✓ *Check all that apply*

- Listen twice as much as you speak
- Empower rather than enable
- Share your experience
- Give your mentee a car

4. _____ is the foundation of all healthy relationships, including the relationship between a mentor and mentee.

- Silence
- Money
- Trust

5. During the Residential phase, how often should you email your cadet?

- once a week
- more than once a week
- never

6. During the Post-Residential phase, how often should a mentor send in a report?

- Every week
- Every month
- Once a quarter

7. Some duties of the case manager include:

✓ Check all that apply

- Maintain monthly reports
- Arrange meetings between mentors and cadets
- Monitor and record mentor mentee activities
- Record cadet's placement activities

8. How many hours is considered full-time placement?

- 40 hours per week
- 25 hours per week
- 15 hours per week

9. Using physical force to make a mentee do what you want is a violation of which policy?

- Hands-off
- Confidentiality
- Reporting suspected abuse or neglect

10. Who should report suspected abuse or neglect?

- Everyone
- No one

11. What is considered confidential information?

- Where YCA is located
- Name, address, and phone number of the mentee
- How to become a mentor

12. When your mentee falls out of contact with you, what is the one thing you DON'T do?

- Take a break
- Be persistent
- Talk to your case manager

13. Which of these functions is NOT supported by the P-RAP

- Explains placement goals
- Guides the responsibilities of the mentor
- Fashion advice

14. This is about receiving information from the cadet, and remaining non-judgmental, and empathetic.

- Active listening
- Active ignoring
- Passive listening

15. How can you be an active listener?

- Be in control of the conversation
- Seek to understand
- Use your cell phone

16. The mentor mentee agreement sums up the mentor mentee commitment to each other.

- True
- False