MS Youth ChalleNGe Academy

Online Mentor Training

✓ Check the box beside the best answer

1. The mission of the National Guard Youth ChalleNGe Program is to intervene and reclaim the lives of at-risk youth, to produce program graduates with the values, skills, education and self-discipline necessary to succeed as adults. This is called the:

☐ Directive
☐ Mission statement
☐ Question

2. Are program graduates required to join the military upon graduation?

☐ Yes
☐ No

3. Reflective listening can be achieved by doing the following:

✓ Check all that apply

☐ Listen twice as much as you speak
☐ Empower rather than enable
☐ Share your experience
☐ Give your mentee a car

4. _____ is the foundation of all healthy relationships, including the relationship between a mentor and mentee.

☐ Silence
☐ Money
☐ Trust

5. During the Residential phase, how often should you email your cadet?

☐ once a week
☐ more than once a week
☐ never
6. During the Post-Residential phase, how often should a mentor send in a report?

☐ Every week
☐ Every month
☐ Once a quarter

7. Some duties of the case manager include:

✓ Check all that apply

☐ Maintain monthly reports
☐ Arrange meetings between mentors and cadets
☐ Monitor and record mentor mentee activities
☐ Record cadet’s placement activities

8. How many hours is considered full-time placement?

☐ 40 hours per week
☐ 25 hours per week
☐ 15 hours per week

9. Using physical force to make a mentee do what you want is a violation of which policy?

☐ Hands-off
☐ Confidentiality
☐ Reporting suspected abuse or neglect

10. Who should report suspected abuse or neglect?

☐ Everyone
☐ No one

11. What is considered confidential information?

☐ Where YCA is located
☐ Name, address, and phone number of the mentee
☐ How to become a mentor

12. When your mentee falls out of contact with you, what is the one thing you DON’T do?

☐ Take a break
☐ Be persistent
☐ Talk to your case manager
13. Which of these functions is NOT supported by the P-RAP

- ☐ Explains placement goals
- ☐ Guides the responsibilities of the mentor
- ☐ Fashion advice

14. This is about receiving information from the cadet, and remaining non-judgmental, and empathetic.

- ☐ Active listening
- ☐ Active ignoring
- ☐ Passive listening

15. How can you be an active listener?

- ☐ Be in control of the conversation
- ☐ Seek to understand
- ☐ Use your cell phone

16. The mentor mentee agreement sums up the mentor mentee commitment to each other.

- ☐ True
- ☐ False